



This month's special feature is **Fukken**. We highly recommend this product for those looking to support their immune health.

Fukken has been highly praised and enjoyed by customers for nearly 50 years, and we have received many testimonials from people who have used the product. We have also received a report on the clinical testing being conducted at a hospital in Korea, which we previously mentioned in the Magnus News. A summary of the report is included on **Page 2**.

In addition to supporting immune health, **Fukken is also valued for its support of liver health**, making it particularly suitable for those who tend to feel tired, enjoy drinking alcohol, or are prone to catching colds.

We encourage you to take this opportunity to try **Fukken**.

Shiitake Mycelium — The Key Ingredient in Fukken

Fukken combines shiitake mycelium with nano-sized lactic acid bacteria, along with inulin, a prebiotic fiber that serves as nourishment for beneficial bacteria and helps support a healthy intestinal environment.

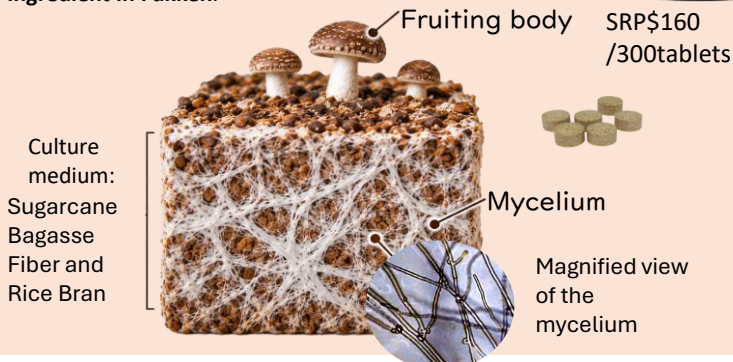
Shiitake mushrooms have long been valued in traditional Japanese culture for their benefits to liver health. However, research revealed that the mycelium contains nutritional and beneficial properties distinct from those found in the mushroom cap. Recognizing the potential of shiitake mycelium early on, Magnus incorporated it into its health food products.

Even after more than 50 years, **Fukken** continues to be enjoyed by many loyal customers. This enduring trust reflects the product's long history and the positive experiences shared by its users.

Fukken is made by carefully selecting just one strain from more than 2,000 varieties of shiitake fungi. The selected strain is cultivated in a nutrient-rich medium and processed into an extract using Magnus's proprietary manufacturing method. The entire process takes approximately seven months.

Since the 1970s, the immune-supporting properties of compounds found in shiitake mycelium—particularly **lentinan**—have attracted increasing attention in the fields of nutrition and pharmaceutical science. Research began to expand beyond medical applications, including areas such as cancer treatment and hepatitis, to explore the potential of shiitake mycelium as a health food ingredient.

The unique shiitake mycelium extract **L.E.M.®**, which has attracted attention internationally and has been awarded numerous patents in Japan and other countries, is the **primary ingredient in Fukken**.



October Specials

(Gifts are limited to one per customer)

Purchase **Fukken** and receive **one bottle of Vitamin C (100 tablets) FREE** — a \$16 SRP value!



Gift



Buy **5 bottles of Fukken** and get: ✨ **1 additional bottle of Fukken FREE** + ✨ **1 bottle of Vitamin C (100 tablets) FREE** — \$16 SRP value!



Gift



The primary functions of **Vitamin C** include: ① **antioxidant activity**, ② **collagen production**, and ③ **support for normal immune function**.

Because the human body cannot produce Vitamin C on its own, it must be **regularly replenished through the diet**.



Why combine with Nano-sized Lactic Acid Bacterium nEF®?

Our intestines are home to many immune cells that help protect the body. That is why the gut is often called one of the body's largest immune-related organs and plays an important role in overall health. Shiitake mycelium has been studied for its interactions with intestinal immune cells, as well as with **T cells**, which play a central role in the immune response.

Nano-Sized Lactic Acid Bacteria help maintain a balanced intestinal environment and support overall well-being.

That is why **Fukken** brings together **shiitake mycelium** and **nano-sized lactic acid bacteria**, complemented by **inulin**, a prebiotic fiber that helps nourish beneficial intestinal bacteria. This carefully considered combination is designed to support **intestinal balance**, **digestive health**, and the **body's natural immune functions**.

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FUKKEN= Shiitake Mycelium L.E.M.[®]

We are delighted to share a positive report from a hospital regarding Shiitake Mycelium L.E.M.[®]

Thank you sincerely for your continued support of our shiitake mycelium products.

We are pleased to share a report from a hospital in Korea, surrounded by the beauty of nature, where patients consumed **L.E.M.[®] shiitake mycelium extract**, the active ingredient in **Fukken**, for a specified period of time. The hospital provided us with a comprehensive report evaluating changes in blood test results and overall health conditions.

Among the findings, particular attention was drawn to **NK cell activity**, an immune-cell measure associated with the body's natural immune function.

In a survey involving cancer patients, **NK cell activity**, one indicator of immune function, increased in **18 of 21 participants** after three months of consumption, with an overall favorable trend reported.

In another survey conducted at a convalescent hospital, questionnaires from those who consumed the product included comments such as **"I feel lighter," "I have more energy," and "I feel stronger."** Some participants also reported an increased appetite, and overall improvements in their sense of well-being were reported.

These results do not mean that everyone will experience the same changes, as individual health conditions and test results can vary. **L.E.M.[®] is not a pharmaceutical drug, and these findings do not demonstrate an ability to treat or prevent any specific disease.**

Nevertheless, we believe it is reassuring for those who have trusted shiitake mycelium products for many years to learn about results observed through their use in real-world healthcare settings.

We will continue to bring you products designed to support your well-being and share new information about **shiitake mycelium L.E.M.[®]** as it becomes available.

We sincerely hope that **Fukken** will continue to be a valued part of your healthy lifestyle.



Armstrong Hospital in Seoul , Korea

Letter from Dr. Shon, Chairman of the Hospital, to Mr. Kinichi Torii, Chairman of Magnus Enterprises, Inc.

Magnus Enterprises, Inc.

To: Mr. Kinichi Torii, Chairman

August 20, 2026

Regarding the **shiitake mycelium extract L.E.M.[®]** provided by your company, we had patients at our hospital consume the product for a specified period and monitored their progress. We are pleased to report the results below.

In this evaluation involving cancer patients, the patients consumed shiitake mycelium extract for approximately three months. During this period, we monitored changes in **CBC, liver function tests (LFTs), NK cell activity**, and other blood test parameters.

Of particular interest was the change in **NK cell activity**. Although similar changes were not observed in every patient, an **increase or maintenance of NK cell activity was observed in 18 of 21 patients (85.8%)**. We consider this to be a particularly interesting and favorable finding from this evaluation. We hope to continue examining **shiitake mycelium extract L.E.M.[®]** and sharing information with your company as we further evaluate its potential. Finally, I would also like to mention that **I personally use the product myself.**



Magnus Hospital in Seoul , Korea


Magnus Medical Foundation
Dr. Eui-Jun Son, Chairman of the Board



Message from Mr. Torii

Here in Los Angeles, we experienced an unusually hot summer this year. The nights were also uncomfortable, making it difficult to sleep soundly. After several nights of insufficient sleep, I unfortunately came down with a cold—something I am especially disappointed about because I have always prided myself on being remarkably resistant to colds.

Clearly, it was not simply the lack of sleep. The fatigue and stress from business trips, along with several other factors, undoubtedly contributed as well. Fortunately, my symptoms were mild. I had no fever and only an occasional cough, but the fatigue and general sluggishness lasted for about ten days. Until recently, even when I caught a cold, I would usually recover within two or three days at most.

This time, however, I chose to take it as a message from heaven: **“You are now 90 years old. From now on, live with even greater care and mindfulness.”** I have taken this experience as a reminder to devote myself even more to maintaining and improving my health.

Many people only realize how precious their health is after becoming unwell. But by then, it may sometimes be too late. **That is why we should take care of our health while we are still healthy.**

Autumn is a wonderful season for sports and good food, and the weather will soon become much more comfortable. I encourage everyone to get outdoors and enjoy the sunshine and fresh air. After spending much of the summer in air-conditioned environments, our bodies can become chilled. A lower body temperature is often said to be accompanied by reduced immune function, which some believe may leave the body more vulnerable to illness.

This Month's Special Feature: Shiitake Mycelium Fukken

Magnus launched **Fukken** and **Royal Green** (now **Royal Green Silk**) in 1980.

As I mentioned previously, through a fortunate opportunity, I was entrusted with the management of a facility responsible for the cultivation and extraction of shiitake mycelium.

At this stage of my life, I accepted this important responsibility for one simple reason: **I sincerely want as many people as possible to enjoy better health.**

Collaborative research projects with companies from several different fields have already begun, including projects involving health foods for pets and fertilizers for flowers and vegetables.

The president of a Taiwanese society specializing in traditional Chinese medicine has also expressed interest in shiitake mycelium for use in traditional medicine research and applications.

In cooperation with Chairman Son of Magnus Hospital Korea, a three-month clinical test involving shiitake mycelium was also conducted with 20 patients. The results are published in this issue of **Magnus News**. As anticipated, favorable results were observed regarding immune-related measures.

Shiitake Mycelium Fukken is truly an exceptional health-food product. Using a cultivation and extraction process unlike any other, it is carefully produced over the course of an entire year, from cultivation through extraction.

I myself have been taking Fukken for nearly half a century. **I can confidently say that Fukken has played a major role in my maintaining my health over the years.**

■ The most important factor in enjoying a long and healthy life is **physical vitality**. Physical vitality is not simply about having energy; the body's ability to withstand challenges and maintain its natural defenses is equally important. People who frequently catch colds should pay particular attention to their health.

When I do catch a cold, it does not tend to become severe. I believe this is because I take **Fukken** regularly and have built up my body's natural resilience.

The most important factor in maintaining good health is our **daily lifestyle**. Incidentally, it is said that approximately one in four men and one in two women live to the age of 90. However, reaching 100 is far less common—perhaps around one in a thousand. And when it comes to remaining independent and able to care for oneself, the number is smaller still.

But don't give up! There are two important keys to healthy longevity:

① **Maintain healthy lifestyle habits.**

② **Always keep your curiosity alive.**

In other words, it is important to have a strong mindset and desire to live life with vitality. It is never too late to start. **Why not make the most of life and enjoy every day?!**

A Wonderful Story from a Magnus Member

Recently, I received a wonderful report from **C**, a Magnus member living in El Paso, Texas.

C told us that after beginning to take Magnus **Collagen**, her dentist complimented her on the healthy pink color of her gums.

When C shared her experience with friends, several people who had been experiencing gum problems also began taking **Collagen**.

According to C, an increasing number of them have noticed improvements in the condition of their gums.

The staff member who received C's call decided to try it as well. Some time later, when she went for her regular dental cleaning, her dentist also commented that her gums appeared healthier.

I myself have been taking **Collagen** every day for many years. Come to think of it, my dentist has often told me, *“Your gums are remarkably healthy for someone your age.”*

Once you know that approximately **60% of the gums are composed of collagen**, it certainly makes sense that maintaining an adequate supply of collagen may be important for gum health.

Magnus Vietnam in Da Lat

Now, let me introduce you to **Da Lat**, a highland city in south-central Vietnam located at an elevation of approximately 1,500 meters (4,900 feet).

Da Lat was developed as a summer retreat during the period of French colonial rule in the 19th century. Even today, the city retains much of its historical character, with colonial-style architecture scattered throughout the area. For this reason, Da Lat is often affectionately known as the **“Paris of the East.”**

This is where **Magnus Vietnam** has established its new office. With **Fukken** and **Royal Green Silk** as its principal products, the company began its outreach and promotional activities last month.

There is no end to our efforts to share the **“Magnus Approach to Health.”**

Khi Tan

Check out Mr. Torii's
YouTube channel and
share! Some videos have
English subtitles!



www.youtube.com/@mr.torii.channel



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FIRST CLASS MAIL



October Recipe

Sequilhos

(Corn Starch cookies)

Easy & Delicious!



Ingredients

Cornstarch: 500 g

Sweetened condensed milk: 2/3 can

Butter: 200 g

Directions

Mix all the ingredients thoroughly until you have a smooth, soft dough.

Form the dough into small balls and gently flatten them. Lightly press the surface with a fork to create a pattern.

Arrange the cookies on a baking sheet lined with parchment paper. There is no need to grease the baking sheet.

Bake at **350°F (175°C)** for approximately **15 minutes**. The cookies may remain pale on top; they are ready when the bottoms are lightly golden brown.

Allow them to cool slightly, then enjoy!

《From our Friends》

■ 30 Years with Fukken

After seeing a friend who had always been physically weak become much healthier and more energetic, I decided to start taking **Fukken** myself. At the time, our household consisted of six people—my husband, our two children, my mother-in-law, and me. One day, my husband, both children, and my mother-in-law all came down with a cold and were bedridden, while I was the only one who remained well. I was very surprised because I was usually the first person in the family to get sick. I immediately felt that it might be because I had been taking Fukken.

Since then, our entire family has been taking Fukken, and it has been nearly 30 years. We are all doing well, and I am grateful to Fukken.

C. Kim, 75 — Seoul



■ My Father Feels Better

For Christmas last year, I gave my father a Magnus health calendar and **Fukken** as a gift. My father enjoys drinking alcohol, and when he drank too much, he would often feel unwell and spend the entire day looking pale.

After learning about Fukken, I had him take five tablets before and five tablets after drinking and he no longer experienced hangovers and felt much better.

My father began taking it every day—not only when he drank. He also felt less tired, and his health checkup reportedly showed favorable liver test results. I am very grateful.

E. Katsuda, 28 — Nagoya

■ A Friend Felt Relief from treatment Side Effects

A friend who was undergoing treatment had very little energy, motivation, or appetite. I told her about shiitake mycelium, and she said she would like to try it, so I immediately sent her Magnus **Fukken**. Because the tablets were difficult for her to swallow, her husband crushed them for her. After about two weeks, she told me that she was able to eat again and felt that the side effects of her treatment had become less severe. She contacted me to say that she wanted to continue taking Fukken.

After completing one cycle of treatment and having a short break, she was grateful to be able to continue taking Fukken as part of her daily routine while preparing for her next treatment.

S. Nakaya, 55 — Tokyo